

Multiple Myeloma Treatment Decision-Making Guide

For patients who are newly diagnosed or have experienced a relapse

You are an active partner in your treatment plan.

In order to make the decisions that are right for you, there is a tremendous amount you need to know and process.

PART 1

This Decision-Making Guide will help you map out your thoughts, emotions and information needs, to help you understand the things that are **important to you** in order to make a decision that you're comfortable with.

PART 2

My treatment options

My options	Benefits/Advantages	Risks/Disadvantages

Which benefits/advantages matter most to you?
Which risks/disadvantages matter most to you?
Who else is involved in this decision?
How will this decision affect them?
How will this decision affect them?
Are there other things you feel you need to consider in making a decision?
Is there anything that makes you unsure of making a decision?

PART 3



In order to make my decision, I would like to:

 \square Talk to someone about what other people have experienced on this treatment

 $\hfill\square$ Understand what I may need to do to adjust to treatment

Understand what to watch for while I'm on treatment

🗌 Find out about support I may need for my different treatment options (e.g., transport, child care, insurance coverage)

□ Ask my hematologist additional questions



Iwould	like to know more about:
	ong will I be on this treatment?
🗌 Does	this treatment choice affect future options? If so, how?
U What	are my future treatment options after this?
	·
My sec	cond choice and why:
My sec	cond choice and why:
	cond choice and why:
l would	
I would	like to know more about:
I would	like to know more about: ong will I be on this treatment ?
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